

CAMP in Brno - REPORT OF THE TEAM

- 17.08.17.2014. - Arrival of participants in the camp - Brno Hotel "VISTA"

- 18.08.2014. held a professional team project. At the meeting of the expert team were agreed schedules and joint training activities at the camp. The members of the team who were at the meeting:

- "ASK" Split; Ivica Jakeljić-chairman of the expert team and Jure Božinović, coach
- AK "Malacky"; Petre Filip and Vlado Handl, coaches
- AK "Olymp"; Josef Sečkar, Lukas Klima, coaches
- AK "Bor"; Nika Burundič, coach
- AK "Koper"; Andrej Gržentić and Klaudijo Franković, coaches
- AK "Arak"; Elod Tolgyesi

In the evening hours was held the first lecture on "Development of power in the sprint without lifting heavier weights." The lecturer was Elod Tolgyesi, a lecture was held in the conference hall of the hotel "VISTA". All camp participants were in class.

- 19.08.2014. held a lecture on "Prevention training 'as a preparation to achieve superior results,'" the lecturer was Šarka Kašparkova. Place of lectures was at the "VISTA". All camp participants were in class.

- 20.08.2014. held a lecture on "The athlete throws - preparing young throwers to protect against injury." The lecturer was Professor. Ivica Jakeljić. Place the lecture was on athletics stadium at the University of Brno. All camp participants were in class.

All activities related to the second camp in Brno (arrival, lectures, trainings, departure) filming has partnered with O.M.G.

During the entire duration of the camp were held joint training sessions in the morning and afternoon, at which coaches exchanged experiences.

At the camp was attended by the leader of the project gos. Ivan Veštić.

- 27.08.2014. departure from the hotel "VISTA".

Ivica Jakeljić, chairman of the expert team