

## **Frane Žuvela, PhD.**

### **Personal information:**

Born on 12 May, 1978 in Split. Married, father of two children. Croatian citizen, a Croat.

e-mail: [frazuvela@gmail.com](mailto:frazuvela@gmail.com)

[frane.zuvela@kifst.hr](mailto:frane.zuvela@kifst.hr)

mob: +385 91 1515 515



### **Education:**

2001 - graduated at the Faculty of Science and Education in Split (now Faculty of Kinesiology University of Split).

2005 - defended his master's thesis entitled "Morphological and motor features seven-year boy involved in the 9 month program of additional athletic training" at the Faculty of Kinesiology, University of Zagreb.

2009 -defended his doctoral thesis entitled "Design and validation of measuring instrument for assessing biotic motor skills" at the Faculty of Kinesiology University of Split.

During the entire study had university, then a state scholarship.

### **Employment:**

2002 - employed as assistant at the Faculty of Natural Sciences, Mathematics and Kinesiology, Department of Kinesiology (now Faculty of Kinesiology, University of Split).

2002 to 2007 -worked as a research assistant in the project "Establishment of anthropological models in sport," lead researcher. Ratko Katić, PhD.

2008 to 2010 - worked as a research assistant on a scientific project "Measuring movement skills in kinesiology," lead researcher Đurđica Miletić, PhD.

He is currently employed at the Faculty of Kinesiology, University of Split as Assistant Professor (athletics – all disciplines and conditional preparation in soccer, tennis and volleyball).  
<http://www.kifst.unist.hr/>

### **Mentoring and teaching activities:**

Mentor of one doctoral dissertation, and 15 graduate and master's theses.

A teacher at the postgraduate studies, graduate studies and undergraduate professional studies in kinesiology at the Faculty of Kinesiology University of Split.

Currently, Head of Professional studies at the Faculty of Kinesiology.

### **Scientific work:**

Published 31 research papers in various journals and publications. So far, he has been cited 31 times according to citation database Scopus, or 24 times according citation database WOS in domestic and foreign CC and SCI journals.

**Professional activities:**

2002 to 2009 worked as an athletic trainer in the athletic club Ask Split.

In 2015 is main leader of fitness evaluation for youth soccer players in Hajduk Split, Croatia.

**Permanently education:**

In 2014 –completed seminar “*The Prague School of Dynamic Neuromuscular Stabilization*” – Basic Course “A”. <http://www.rehabps.com/REHABILITATION/Home.html>

From 2014 to 2015 – *completed MMAcademy of functional training in sport* (functional mobility training, functional training balance and stabilization of joints, functional training with resistance, functional ballistic and plyometric training, functional training speed and agility and functional training of energy systems) and *MMAcademy of functional rehabilitation of injuries and overuse injuries* (functional diagnostics and rehabilitation of spine, functional diagnostics and rehabilitation-lower extremities and functional diagnostics and rehabilitation-the upper extremities). <http://www.motus-melior.hr/en/>

In 2015 –started of education for medical masseur.

**Specific knowledge:**

Active knowledge of English language.

Knowledge of computer skills – Microsoft office etc.

Knowledge of various training programs (testing and training methods): FMS, SFMA, SAQ training, Olympic weightlifting, kettlebell, TRX suspension training, integrative ballistic and plyometric training, basic speed and agility exercises (running technique...), etc...

Driving licence B