

## CAMPING IN SPLIT - REPORT OF THE TEAM

- 11.04.2014. - arrival of participants camp in Split
- 12.04.2014. - was established expert team project involving 1-2 coaches from each team. At the meeting of the expert team were agreed schedules and joint training activities at the camp. The members of the team are:
  - "ASK" Split; Ivica Jakeljić-chairman of the expert team and Jure Božinović, coach
  - AK "Malacky"; Peter Philip and Vlado Handl, coaches
  - AK "Olymp"; Josef SEČKAR, Lukas Klima, coaches
  - AK "Bor"; Biserka Cesar guinea fowl and Nika Burundič, coaches
  - AK "Koper"; Andrej Gržentić and Klaudijo Franković, coaches
  - AK "Arak"; ELod Tolgyesi
- 12.-13.04.2014. were held medical testing in practice general medicine Dr Mirjana Bezdrov.
- 14.04.2014. - was held the first lecture on "The Stages in exercises and loads in order to prevent injuries in young athletes-jumpers". The lecturer was Michail Pogany, a lecture-Part 1 was held at the "New York", Duilovo. The second part of the lecture was held in the SC "Park Youth", on the same day. The number of participants in this class were 99 participants (list attached).
- 15.04.2014. held a lecture on "Injuries of overtraining in young athletes," the lecturer was Dr. Aleksandar Vujičić. Place the lecture was at the "Zagreb", Duilovo. The number of participants in this class were 118 participants (list attached).
- 16.04.2014. held a lecture on "General and specific factors in the prevention of injuries in young athletes." The lecturer was Professor. Joško Vlašić. Place the lecture "Joker". The number of participants in this class, there were 46 participants (list

attached).

- 17.04.2014. held a lecture on "Doping in sport". The lecturer was Dr. Aleksandar Vujičić. Place the lecture was at the "Zagreb", Duilovo. The number of participants in this class were 63 participants (list attached).

All activities related to the first camp in Split (arr, lectures, trainings, departure) filming has partnered with O.M.G., that can be seen on page <http://we.tl/yPY72KbdRj>.

During the entire duration of the camp were held joint training sessions in the morning and afternoon, at which coaches exchanged experiences.

During the camp in Split, the same was attended by athletes and coaches from Sweden, Denmark, Montenegrin, Croatian and Bosnia, who at that time were training in Split.

In addition to them in lectures and students participated in the Faculty of Kinesiology from Split.

- 20.04.2014. Departure from the hotel

Ivica Jakeljic, chairman of the expert team